

## **Health Science and Human Service Course Descriptions - UFV**

**RSS 098** 3 Credits **High School Course Code PSIW12 A** (4 credits)  
**UFV Fall Semester September – December** **Year 1 course (1 afternoon/week 3 hrs)**  
**Intro to Reading and Study Skills**  
Prerequisite(s): Admission to either the CTC Health & Human Services, or Adventure Tourism certificate programs  
This introductory reading and study skills course is designed specifically for students in the Health & Human Services and Adventure Tourism programs at CTC. Students will learn basic speed reading techniques and writing skills to facilitate comprehension of their textbooks. In addition, program content material will be used as a basis for learning preliminary study strategies.

**HHS 100** 4 Credits **High School Course Code PSIW12 B** (4 credits)  
**UFV Fall Semester September – December** **Year 1 course (1 afternoon/week 3 hrs)**  
**Intro to the Health and Human Services Field**  
Prerequisite(s): None  
This survey course introduces students to a variety of disciplines within the field of health and human services and the responsibilities, challenges and opportunities related to working in these areas. Options and requirements for additional education and training in these fields will be explored. The course provides students with the knowledge, skills and resources to assess their suitability and interest, in order to make informed choices and a successful transition to future career studies and employment.

**CIS 100** 3 Credits **High School Course Code PSIW12 C** (4 credits)  
**UFV Winter Semester January - April** **Year 1 course (1 afternoon/week 3 hrs)**  
**Intro to Computers**  
Calendar Description: Designed for students with limited or no experience in the use of microcomputer software applications. This course includes an overview of computer concepts. Electronic mail and the internet will be introduced. Emphasis is on a practical, step-by-step, hands-on approach to learning an operating system, word processing, electronic worksheets, database management, and visual and graphic software.

**ECE 160** 3 Credits **High School Course Code PSIW12 D** (4 credits)  
**UFV Winter Semester January - April** **Year 1 course (1 afternoon/week 3 hrs)**  
**Intro to Disabilities**  
Prerequisite(s): Admission to ECE diploma program  
This course is intended to introduce students to specific disabilities, and the family, social, and educational issues that can be affected during the lifespan.

**SOC 101** 3 Credits **High School Course Code PSIW12 E** (4 credits)  
**UFV Fall Semester September – December** **Year 2 course (1 afternoon/week 3 hrs)**  
**Introductory Sociology**  
Prerequisite(s): None  
This course is an analysis of the basic concepts, methods, and theoretical orientations which are characteristic of sociology. It is designed to acquaint you with the discipline and to facilitate critical and logical thought concerning explanations of society and social interaction.

**KPE 160** 3 credits **High School Course Code PSIW12 F** (4 credits)  
**UFV Fall Semester September – December** **Year 2 course (1 afternoon/week 3 hrs)**  
**Contemporary Health Issues**

Prerequisite(s): None

This course will introduce students to issues such as physical fitness, stress management, nutrition, weight management, illness and disease, substance abuse, and personal safety. Upon successful completion, students will be prepared to make informed decisions that affect personal well-being.

**ENGL 105** 3 credits **High School Course Code PSIW12 G** (4 credits)  
**UFV Winter Semester January – April** **Year 2 course (1 afternoon/week 3 hrs)**  
**The Reading and Writing of Prose**

Prerequisite(s): One of the following:

English 12 or English Literature 12 with a final grade of C+( lower grades will require a LPI with score 30/40 minimum

A workshop for students who want to improve their ability to read and write non-fiction prose. Selected readings from an essay anthology help introduce the principles and practice of writing clear and effective sentences, paragraphs, and essays. Students who are not fully confident of their essay-writing ability are strongly advised to take this course before they embark on other UCFV courses which require essays.

**HSER 120** 3 credits **High School Course Code PSIW12 H** (4 credits)  
**UFV Winter Semester January – April** **Year 2 course (1 afternoon/week 3 hrs)**  
**Intro to Interpersonal Communications**

Prerequisite(s): None

Introduces basic self-awareness and interpersonal communication skills. Students will learn about the nature of the communications process. The emphasis will be on developing and practising the ability to communicate effectively with others. As part of the course requirements, students will be expected to share personal (but not necessarily private) experiences with others.

**PSYC 101** 3 credits **High School Course Code PSIW12 I** (4 credits)  
**UFV Early Summer Semester May - June** **Year 2 course (2 afternoon/week 6 hrs)**  
**Intro to Psychology I**

Prerequisite(s): None

This course introduces students to the field of psychology and its research methods, and surveys the basic perspectives of psychology with respect to learning, memory, thought, child development, sensation and perception, and physiology.

**HSER 160** 3 credits **High School Course Code PSIW12 J** (4 credits)  
**UFV Early Summer Semester May - June** **Year 2 course (2 afternoon/week 6 hrs)**  
**Intro to Gerontology**

Pre- or co requisite(s): SOC 101, and one of CMNS 155 or ENGL 105

A multi-disciplinary introduction to the concept of aging in our society. Explores the impact on individual functioning and adjustment of such factors as cognition, personality, health and physical change, economic and vocational status, and social relationships and status.

